

Good Evening,

Back in January of this year I attended my first Cornerstone retreat at Notre Dame Church in Cedar Knolls.

I was joined by 5 other men from our parish. It was a very special experience for all of us. Although it was our first time, many of the other attendees had participated in Cornerstone retreats multiple times.

Over the course of 24 hours we ate, slept, prayed and sang together. A few of the more experienced Brothers shared stories of how the Holy Spirit touched their lives.

One of my favorite parts was getting a letter from my daughter who told me what a great role model I was for her growing up. It reinforced one or two special moments we both shared together that have created beautiful memories.

In conclusion, I am very glad I went. Cornerstone has given me 5 special friendships here at St. Rose that were strengthened by the Holy Spirit and will continue on in the years to come.

If you have never attended a retreat you will be pleasantly surprised by how strongly you are touched by this experience. Thank you.