

My Cornerstone Retreat Experience By Bob Leach

Recently you have seen several articles in the bulletin regarding the Cornerstone Retreat at Notre Dame. I also attended and was impressed with how these men had overcome hardships in their lives and how they attributed their success to the intervention of the Holy Spirit. The Cornerstone Retreat occurs once a year for men and once a year for women. Fortunately, we live in an area rich in spiritual opportunities, so I want you to be aware that there are choices when it comes to the type of retreat you can attend and the length of time it would last. The Loyola Jesuit Center is located in Morristown and provides retreat events that would allow you to spend some quiet time away from business problems, allow you some time to reflect, to pray and to spend some time with God. The retreats occur more regularly so finding the right time should be easy. I would say that the Cornerstone Retreat is more interactive both spiritually and socially, while the Loyola retreats can be more silent and reflective. Both the Cornerstone Retreat and the Loyola retreats have been attended by men and women for many years and both are extremely successful. You would not regret any retreat experience regardless of where or what type you attend. You would undoubtedly find yourself renewed spiritually and mentally.